

UDL Lesson Planning Checklist

Checklist for planning lessons to ensure they align with Universal Design for Learning principles.

Multiple Means of Representation:

- Provide options for perception (e.g., visual and auditory presentation)
- Offer alternatives for auditory information
- Offer alternatives for visual information

Multiple Means of Action and Expression:

- Vary methods for response and navigation
- Optimize access to tools and assistive technologies
- Offer various media for communication

Multiple Means of Engagement:

- Provide options for recruiting interest
- Offer options for sustaining effort and persistence
- Provide options for self-regulation